



And into the forest I go to
lose my mind and find my soul



Shinrin-yoku

Waldbaden mit Berta

Mai - Oktober, freitags in Tisens
www.happy-bee.org/waldbaden

Bagno nella foresta

maggio - ottobre, di venerdì a Tesimo
www.happy-bee.org/bagno-nella-foresta

Forest Bathing

May - October, on Fridays in Tesimo
www.happy-bee.org/forest-bathing



INFO & BOOKING

Happy Bee . where energy flows

Berta Pircher
Expertin für Alpines Waldbaden
& NatuResponse® Trainerin
+39 333 3837555